



Kearsarge Unitarian Universalist Fellowship

P.O. Box 1578

New London, NH 03257

(603) 526-8213

www.kuufnh.org

March 2022

Assisting Ministers: Rev. Dick Dutton & Guests

President: Jim Vashro

Music Director: Martha Woodward

Pastoral Care Team: Rev. Lee Page 603-759-8064

Kathryn Vashro 208 440 1855

Adult RE Coordinator: Marion Allen and Susan Nellen

Children's RE Coordinator: Susan Nellen

Unitarian Universalists affirm the worth and dignity of all human beings and advocate freedom of belief and an open search for truth.

*The Kearsarge Unitarian Universalist Fellowship
meets weekly on Sundays at 11:00 a.m.
(September through June)
via Zoom*

President's Message March 2022

Spring 2022 is here. Sap is flowing and the days are getting brighter and longer. Although we still have snow on the ground, it is becoming scarcer, and we are contending with mud. Let the renewal of life that springtime brings encourage us to get out and safely enjoy what surrounds us.

As KUUF is moving toward its summer break, activity with the various committees will be increasing. Also, the Search Committee will be looking to fill vacancies in positions. If you are not already on one, or more, committees, please consider volunteering on one. And, if you haven't already done so, consider fulfilling your 2021-2022 pledge.

Covid is still a concern, and the Board has decided to not yet return to in-person services at the Chapel. We, the Board, are watching the Covid trends and guidance from the CDC to make good decisions about reconvening. Safety and health of our congregation is our number one concern. One of the benefits of the current situation is that we can continue meeting with our geographically distant friends and a few of our Sunday celebrants are able to conduct the service remotely where they may not have been normally available to do so in person.

The Sunday Service Committee continues to bring us interesting and thoughtful Services and March will be no exception. Please join us via Zoom for them. If you are not getting the weekly invitation to the Sunday service, email our Admin Rose Jansen at: admin@kuufnh.org.

Take care and stay safe,

Jim Vashro

President, KUUF Board of Trustees

March KUUF Calendar

March 6	11am	Jim Nute
March 12 Saturday Night	Before Bed	SET CLOCKS AHEAD
March 13	11am	Joanna Henderson
March 20	11am	Olivia Carle
March 20		Vernal Equinox
March 27	11am	Rev. Dick Dutton

March 6, 2022 Jim Nute

Mayhew: Challenging and Helping At-Risk NH Boys to Find Their Best

An overview of the boys (and families) we serve and our program for them.

March 13, 2022 Joanna Henderson

Identity Politics: It's About Time

Discussing why the potential nomination of a Black woman to the Supreme Court is neither political correctness nor tokenism.

March 20, 2022 Olivia Carle

The Art of Being Slow

Olivia will discuss her experiences with slowness in her work as a professional trail worker and as a visual artist. Her own neurodivergence and resistance to "the way things are always done," or our systems at large, has informed the way in which she moves through the world, and it is often slow. She will share how and why she came to value being slow through anecdotes and reflections.

March 27, 2022 Rev. Dick Dutton

The Sermon on the Mount

Centerpiece of the Christian faith, the Bible, and our human life.

Reach Out

We all need to look at our beliefs and ourselves and look at our congregation and how we are so small AND dwindling. We all need to decide to grow our congregation, grow in our comfort zones and trust the thought, 'every stranger is a friend we haven't met'.

Many years ago, Lizzie Kingler (a past KUUF member) came to me with desperate eyes saying, 'we are dying, this congregation is dying, we NEED more people'. Her words have been in my head since then. I do not know what to do, do you? We tend not to proselytize our religion, but we might tell someone about a good book we've read or movie we have seen. Telling people about your beliefs and UU teachings is a good thing and possibly more important than other topics we talk about. Reach out to others; meet that stranger who may become a friend. Discuss love and respect for others and this world. It is so important.

Remember Lizzie's words and reach out to others and meet that stranger who may become your friend.

Kathryn Vashro



Membership

Do you want voting rights and help make decisions for KUUF's future? Or do you want to support and continue KUUF's wonderful services, projects, and ideals? Ask about MEMBERSHIP.

If you are interested in becoming a member
Please contact Kathy Vashro 735-5642 or 208-440 -1855

Directory Update

If you have any changes to your information, please let Liz Maloof or Rose Jansen, Administrator for KUUF, know and they will make sure these changes are made to the Directory.

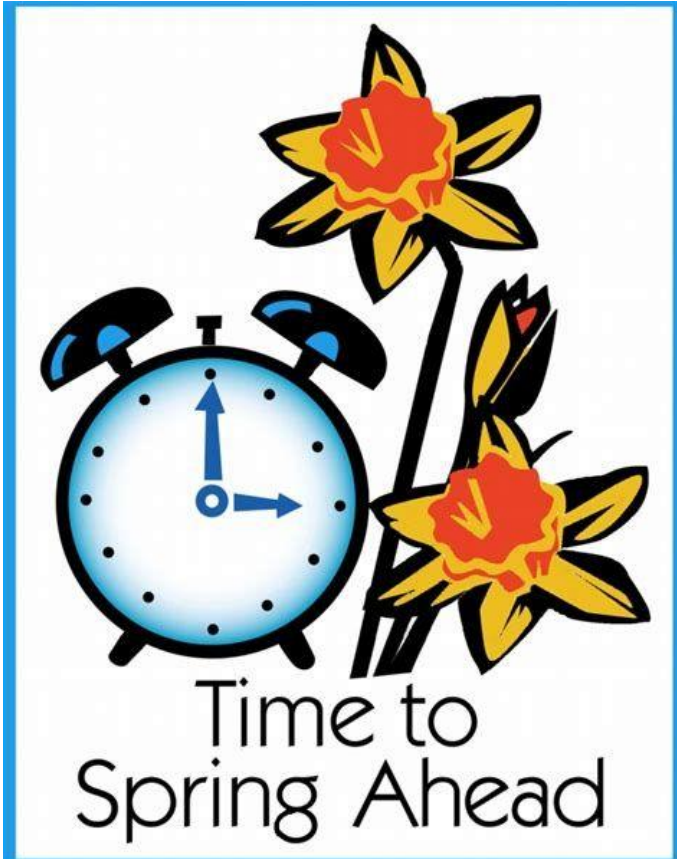


MARCH BIRTHDAYS AND ANNIVERSARIES

March 1 Loren Howard

March 22 Donna and Mark Peirce

March 13th 2:00 AM



Time to
Spring Ahead

Pledge Reminder

We are fast approaching the end of KUUF's 2021-2022 Church Year. Is your Pledge up to date? If you are unsure please contact Ken Preston, Treasurer, for any information you may need. (tele #526-9823)

We may not be meeting in person yet, however, the financial health of KUUF depends on you!

Thank you for your financial support.

Every cold and dark phase ends and hence begins a beautiful phase of warmth and vibrance. Don't believe? Just notice March.

Anamika Mishra

Invitation to Serve at City Year

I recently heard about a great program called City Year that I thought you might be interested in. City Year members serve as tutors and role models in high-poverty schools and receive a powerful leadership development program with an equity focus. The members get a \$800+ bi-weekly stipend and a \$6,000+ education grant when they graduate, among other benefits. They're hiring now for the 2022-23 school year.

If you want to find out more, you can get some info emailed to you using [this link](#). Here's [an overview](#) I got from their Community Engagement Manager, Chris Potter, whom I know. If you want to talk to him about applying, you can schedule 30 minutes with him [here](#).

I hope you'll consider serving with City Year. I know Chris had a very positive experience. I've heard nothing but good things.

Thanks!

Rev. Emily Burr

With Your Hands

" Grandma how do you deal with pain?"

" With your hands, dear. When you do it with your mind, the pain hardens even more."

"With your hands, grandma?"

" Yes, yes. Our hands are the antennas of our soul. When you move them by sewing, cooking, painting, touching the earth or sinking it into the earth, they send signals of caring to the deepest part of you and your soul calms down.

This way she doesn't have to send pain anymore to show it.

" Are hands really that important?"

" Yes my girl. Thinking of babies: they get to know the world thanks to their touches. When you look at the hands of older people, they tell more about their lives than any other part of the body. Everything that is made by hand, so is said, is made with the heart because it really is like this: hands and heart are connected. Masseuses know this: When they touch another person's body with their hands, they create a deep connection. Thinking of lovers: When their hands touch, they love each other in the most sublime way."

" My hands grandma... how long haven't I used them like that!"

" Move them my girl, start creating with them and everything in you will move. The pain will not pass away. But it will be the best masterpiece. And it won't hurt anymore. Because you managed to embroider your essence."

~ Elena Barnabé

LET'S CELEBRATE TREES, MAPLE TREES, AND THE SAP FLOWING!!!

In late February and March the sap will be flowing and the Vashros will be out tapping trees.

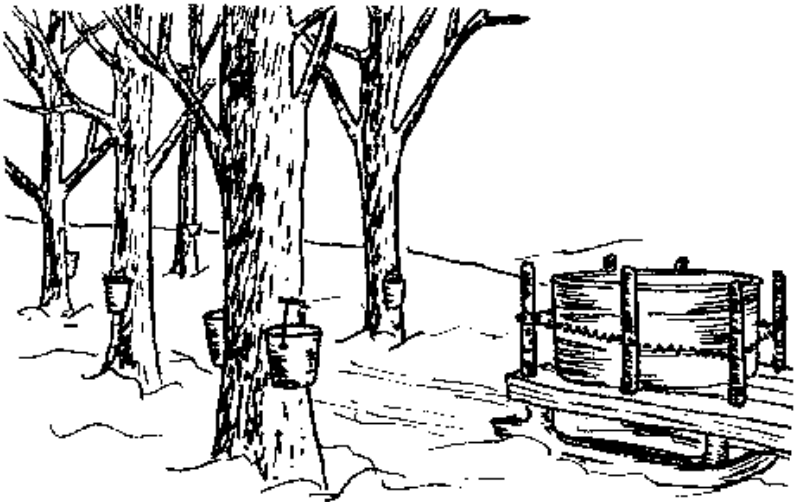
Come and celebrate trees as Judy Shoen, our January 30th speaker, showed us to through the Jewish holiday, Tu B'Shevat

Outdoor gathering, by the fire, sipping a hot drink and chatting with friends.

Call or email Jim/Kathy and one of us will contact you when the sap starts flowing.

Jvashro@gmail.com

208-440-1855





LGBTQA+ News

Time for another dose of good news!

- The percentage of US adults who self-identify as lesbian, gay, bisexual, transgender, or something other than heterosexual has increased to a new high of 7.1% in America. Roughly 21% of Generation Z adults, those born between 1997 and 2003, identify as LGBTQA+.
- New Zealand passed a law, 112 to 8, to ban conversion therapy, the dangerous and discredited practice that seek to change or suppress a person's sexual orientation, gender identity, or gender expression.
- For the first time in broadcast TV, lesbians outnumber gay male characters
- Arizona Republican State Senator Tyler Pace broke with his party and blocked legislation that would have banned gender-affirming care for transgender youth.



PASTORAL CARE TEAM
**CONTACT US IF YOU OR SOMEONE YOU KNOW WOULD
ENJOY HEARING FROM US.**

**Thank you to those who have kept us informed of people's
life changes, joys, and concerns.
Please continue informing us - you are our ears and eyes for
the congregation. Thank you!**

Rev. Lee Page 603-759-8064 | Kathryn Vashro 208-440-1855

We are now a team of two but need more people to be our eyes and ears, and hands and feet. Please pass on information to us about those you know who are 'shut ins', in the hospital, sick at home, or would enjoy some company. If you can spare time to help, please contact Lee Page or Kathryn Vashro.

Thank you to those who are connecting with our congregation by driving, cooking, and making phone calls.



KUUF Endowment FUND

**Provides a lasting legacy for Unitarian Universalism
in our Kearsarge Sunapee region.**

Making a bequest to the KUUF Endowment Fund is a simple way to protect your values and help our congregation remain a voice for liberal faith throughout the Kearsarge Sunapee region.

You can name KUUF as a beneficiary in your will, trust, retirement plan, life insurance policy or financial accounts. Anyone can make a bequest and no amount is too small.

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For further information, contact a member of our Finance Committee. Currently serving 2020-2021 are Tom Maloof, Sandy Wells, Henry Howell, and Ken Preston.

Why is everyone so tired on April 1st?

Because they just finished a long 31-day March!