



## **Kearsarge Unitarian Universalist Fellowship**

P.O. Box 1578

New London, NH 03257

(603) 526-8213

[www.kuufnh.org](http://www.kuufnh.org)

### **January 2022**

Assisting Ministers: Rev. Dick Dutton & Guests

President: Jim Vashro

Music Director: Martha Woodward

Pastoral Care Team: Rev. Lee Page 603-759-8064

Kathryn Vashro 208 440 1855

Adult RE Coordinator: Marion Allen and Susan Nellen

Children's RE Coordinator: Susan Nellen

*Unitarian Universalists affirm the worth and dignity of all human beings and advocate freedom of belief and an open search for truth.*

*The Kearsarge Unitarian Universalist Fellowship  
meets weekly on Sundays at 11:00 a.m.  
(September through June)  
via Zoom*

## President's Message January 2022

Welcome to 2022. May the new year allow us to be able to get closer together!

This last year, like 2020, was a difficult one when it came to meeting others in person. COVID-19's presence made deciding how to safely deal with it a challenge. We have all had to make decisions of whether to go to functions, wearing masks and what type of mask, getting vaccines (3 times), and for those of us in some type of leadership position – deciding to shut down or open-up events. Well, the saga continues. In our last KUUF Board of Trustees meeting, Dec.16, 2021, the Board decided to again **suspend “in-person” services at the Stone Chapel until further notice.** With the emergence of the Omicron variant and its extreme contagiousness, it just did not make sense to continue to meet for Service in-person. So, once again, KUUF is reverting to ZOOM only services. You all should be getting an email invite to Sunday Services on the preceding Saturday. KUUF may occasionally be using the Stone Chapel with 1 or 2 people to accommodate special needs of presenters.

On a positive note, I believe we have worked out most of the kinks in providing a “hybrid” service, so when we do get back together, in addition to meeting in person, we will also offer ZOOM services to all those that cannot or choose not to physically attend. It has been wonderful to be able to be joined by our dear friends. An additional benefit of the Hybrid Service is that we have had Services led by people remotely. This has been a real blessing (sorry if this term is too religious – I couldn't think of a better way to put it).

A special thanks goes out to the Sunday Service Committee, who all have worked very hard to accommodate our changing Service venue. My thanks go out to all those that presented sermons/talks in 2021, and I look forward to what 2022 holds for us all.

May we all have a safe 2022.

Jim Vashro – President, KUUF Board of Trustees

## January KUUF Calendar

January 1		New Year's Day
January 2	11am	Sandra LeBeau
January 9	11am	Fiona Petersen
January 16	11am	Nancy Pelligrini
January 17		Martin Luther King Jr. Day
January 17		Tu B'Shevat
January 23	11am	Rev. Dick Dutton
January 30	11am	Judy Sheon

### January 2, 2022 Sandra LeBeau

#### Is a Good Man Always a Good President?

Exploring what makes a good person, what makes a good president, and are the qualities consonant with each other?

Discussion of the elements necessary for a man or woman to be a "good president" of the United States. It will explore the following questions:

1. What makes a "good man or woman"?
2. What makes a "good president"?
3. Are the qualities described above consonant with each other?

### January 9, 2022 Fiona Petersen

#### Hygge – What the World Needs Now

### January 16, 2022 Nancy Pelligrini

#### The Beloved Community, Then and Now

Dr. Martin Luther King, Jr. said, "We have inherited a large house, a great 'world house' in which we have to live together—black and white, Easterner and Westerner, Gentile and Jew, Catholic and Protestant, Moslem and Hindu." We will examine Dr. King's vision of the beloved community and explore what it means for Unitarian Universalism today.

**January 23, 2022 Rev. Dick Dutton**

**The Whole Armor of God**

Helm of Salvation

**January 30, 2022 Judy Sheon**

**The New Year of the Trees: Celebrating the Rising of the Sap**

Using the Jewish celebration of Tu B'Shevat as inspiration, the talk will address how the rising of the sap in trees, which begins to occur in January, is a message for us all on the natural slowness and hibernation of winter which moves into springtime reawakening. This is an opportunity to not only celebrate the trees around us, but also to hopefully remind us all of our own cycles in life.



**Membership**

Do you want voting rights and help make decisions for KUUF's future? Or do you want to support and continue KUUF's wonderful services, projects, and ideals? Ask about MEMBERSHIP.

If you are interested in becoming a member  
Please contact Kathy Vashro 735-5642 or 208-440 -1855

## **KUUF Returning to Virtual-Only Services**

KUUF has suspended “in-person” Sunday Services until further notice. The increased risk of COVID and its variants has made meeting “in-person” unsafe. KUUF will continue to hold Sunday Services virtually using the ZOOM electronic meeting format. If you are not currently on the Sunday Service email notification list, please contact our admin at [admin@kuufnh.org](mailto:admin@kuufnh.org) or call Kathy Vashro at 208-440-1855.

## **Directory Update**

If you have any changes to your information, please let Liz Maloof or Rose Jansen, Administrator for KUUF, know and they will make sure these changes are made to the Directory.



## **JANUARY BIRTHDAYS AND ANNIVERSARIES**

**January 7     Sandy Wells**  
**January 13    Bob Berquist**  
**January 17    Tom Maloof**

*I pray this winter be gentle and kind – a season of rest from  
the wheel of the mind. – John Geddes*

# cre·do

[ˈkrēdō, ˈkrādō]

**NOUN:** *A set of fundamental beliefs that guides one's actions:*

*An article of faith · one's essential convictions ·  
a code of conduct*

**ORIGIN:** Middle English: Latin, 'I believe.'

## Sunday February 6th, 2022

If you would like to participate as a **CREDO speaker**, please contact Henry Howell (phone: 938-5706 or via email: [exartik45@gmail.com](mailto:exartik45@gmail.com))

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This is an opportunity to describe what guides you in your personal conduct;

Your belief systems that help make the fundamental decisions of your daily life;

What in your soul helps you get up every morning;

And what in difficult, trying times gives you consolation.

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You will have approximately 10 minutes to speak during the sermon part of our Sunday service and may share this sermon time with one other CREDO speaker.



## **HOW DO I USE PERSONAL PRONOUNS?**

When a person shares their pronouns, they are naming the pronouns that they want to be referred to by in the singular third person (when referring to that person while talking to someone else).

***Singular third person pronouns (that you should use as appropriate based on the pronouns the person being referred to goes by):***

Each of the following sets of pronouns may be the sets that certain people indicate should be used to refer to them. Below, they are presented in the forms of most common usage.

Usually, the "they/them" pronouns set is acceptable to use when you don't yet know if a person goes by another set or sets of pronouns. It is also possible to avoid pronouns, as demonstrated below under "no pronouns."

Just because a person goes by a certain set or sets of pronouns is not indicative of that person's gender.

She/Her: "**She** is a writer and wrote that book **herself**. Those ideas are **hers**. I like both **her** and **her** ideas."

He/Him: "**He** is a writer and wrote that book **himself**. Those ideas are **his**. I like both **him** and **his** ideas."

They/Them: "**They** are a writer and wrote that book **themselves**. Those ideas are **theirs**. I like both **them** and **their** ideas."

Please note that although "they" pronouns here are singular and refer to an individual, the verbs are conjugated the same as with the plural "they" (e.g. "they are"). Also note that in this singular pronoun set many use "themselves" rather than "themselves," although both are typically acceptable.

Ze/Hir: "**Ze** is a writer and wrote that book **hirself**. Those ideas are **hirs**. I like both **hir** and **hir** ideas."

Please note that "ze" is usually pronounced with a long "e" and that "hir" and its forms are usually pronounced like the English word "here." Some people instead go by "ze/zir" pronouns because of the more consistent pronunciation and spelling.

No Pronouns - Use My Name (example for someone whose name is "Lan"): "**Lan** is a writer and wrote that book. Those ideas are **Lan's**. I like both **Lan** and **Lan's** ideas."

If the reflexive component was important to communicate a message, you could use alternative language such as "**Lan** wrote that book unassisted" or "**Lan** was the sole author of that book." Some might simply say "**Lan** wrote the book **Lan's self**."

Please note that there are also nonbinary, gender-neutral titles (e.g. "Mx." usually pronounced like "mix" instead of "Mr." or "Ms.") and nonbinary, gender-neutral language that can be used for everyone (e.g. "friends and guests" instead of "ladies and gentlemen").





**PASTORAL CARE TEAM**  
**CONTACT US IF YOU OR SOMEONE YOU KNOW WOULD  
ENJOY HEARING FROM US.**

**Thank you to those who have kept us informed of people's  
life changes, joys, and concerns.  
Please continue informing us - you are our ears and eyes for  
the congregation.  
Thank you!**

**Rev. Lee Page 603-759-8064 | Kathryn Vashro 208-440-1855**

We are now a team of two but need more people to be our eyes and ears, and hands and feet. Please pass on information to us about those you know who are 'shut ins', in the hospital, sick at home, or would enjoy some company. If you can spare time to help, please contact Lee Page or Kathy Vashro.

Thank you to those who are connecting with our congregation by driving, cooking, and making phone calls.



## KUUF Endowment FUND

**Provides a lasting legacy for Unitarian Universalism  
in our Kearsarge Sunapee region.**

**Making a bequest to the KUUF Endowment Fund is a simple way to protect your values and help our congregation remain a voice for liberal faith throughout the Kearsarge Sunapee region.**

**You can name KUUF as a beneficiary in your will, trust, retirement plan, life insurance policy or financial accounts. Anyone can make a bequest and no amount is too small.**

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**For further information, contact a member of our Finance Committee. Currently serving 2020-2021 are Tom Maloof, Sandy Wells, Henry Howell, and Ken Preston.**

How do the mountains stay warm?

They put on their snowcaps.