



## **Kearsarge Unitarian Universalist Fellowship**

**P.O. Box 1578**

**New London, NH 03257**

**(603) 526-8213**

**[www.kuufnh.org](http://www.kuufnh.org)**

### **March 2020**

Assisting Ministers: Rev. Dick Dutton & Guests

President: Jim Vashro

Music Director: Martha Woodward

Pastoral Care Team: Rev. Lee Page 603-759-8064

Kathryn Vashro 208 440 1855

Adult RE Coordinator: Marion Allen and Susan Nellen

Children's RE Coordinator: Susan Nellen

*Unitarian Universalists affirm the worth and dignity of all human beings and advocate freedom of belief and an open search for truth.*

*The Kearsarge Unitarian Universalist Fellowship  
meets weekly on Sundays at 11:00 a.m.  
(September through June)  
in the Stone Chapel of Proctor Academy in Andover*

## **President's Message**

March 2020

Spring is on its way! I am not sure about you, but I am ready for a little warmer weather. I suspect that soon the sap will be flowing, and the sugaring operations will be starting up. I think the signs are there, just still tucked away under a blanket of snow.

With the coming of Spring we all get gentle, as well as visual, reminders of renewal - new leaves, new grass, new warmth, new life! We get to experience Nature "starting over" (very visible here in the Northern climate) and the opportunity to start new - new projects, new commitments, new efforts, new thoughts. These thoughts of new are like the "New Year's" comments I made in a previous President's message, however, after a winter, I think we all long for, deep in our bones, the "new".

While I am talking about "new", I want to mention that Spring also brings us to that part of KUUF life that asks us all to consider a "new" commitment to KUUF through an annual pledge. For those of us that have yet to fulfill our 2019 pledge, please consider writing a check and bringing yourself current with your commitment. I am not trying to be a nag, just reminding all of us that the 2019-2020 Church fiscal year is soon coming to an end. (as you may have noticed I did say "us" – hmmm, I guess I need to make a call to Ken P. and find out how much I still owe...)

In the next few months we will be sending you a pledge packet for the 2020-2021 Church year annual Pledge and we need to get your response so that we can finish our fiscal planning in time for the Annual meeting in early June. It will be here before you know it!

So, as you look out and still see the gleaming white of the snowy fields surrounding us, think about all the new buds that are coming to the trees and plants in our yards and know once again: Things will warm up!

**Jim Vashro**  
**President – Board of Trustees, KUUF**

## March KUUF Calendar

<b>March 1</b> <b>TWO EVENTS</b>	9:30am 11am	<b>ADULT RE</b>  <b>BARBARA MEYERS</b>
<b>March 2</b>	2-4pm	<b>Women's Meditation</b>
<b>March 7</b> <b>Saturday Night</b>	Before Bed	<b>SET CLOCKS AHEAD</b>
<b>March 8</b>	11am	<b>NORTH COUNTRY CHORDSMEN</b>
<b>March 15</b> <b>TWO EVENTS</b>	9:30am 11am	<b>ADULT RE</b>  <b>REV. EMILY BURR</b>
<b>March 19</b>	11:50pm	<b>Vernal Equinox</b>
<b>March 22</b>	11am	<b>REV. DICK DUTTON</b>
<b>March 29</b> <b>TWO EVENTS</b>	9:30am 11am	<b>ADULT RE</b>  <b>Kathleen Rusnack</b>

### March 1, 2020 Barbara Meyers

#### In the Midst of Winter

Finding our resilience despite the darkness.

### March 8, 2020 North Country Chordsmen

#### Songs of Love and Life

Annual performance of a cappella songs about mankind's love to one another as it has always been.

### March 15, 2020 Rev. Emily Burr

#### Faith and Works

We covenant to affirm and promote our seven Principles. If we truly want to promote our values, we must reach outward beyond ourselves with action.

**March 22, 2020 Rev. Dick Dutton**

**Fruits of the Spirit**

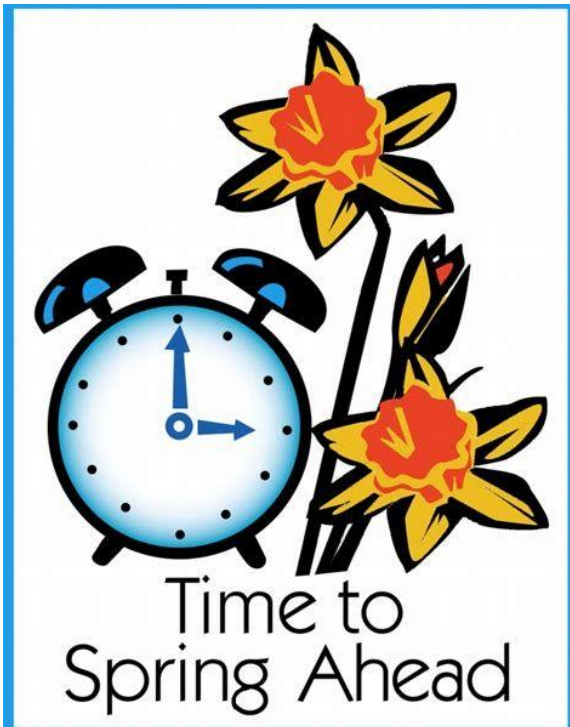
Faithfulness, Gentleness, Self-Control. Development of the New Testament theme of the fruits of our lives at their best.

**March 29, 2020 Kathleen Rusnack**

**Jesus: Jewish Carpenter and Fence Builder?**

As a Jew, deeply steeped in the Judaism of his time (called Second Temple Judaism), Jesus did what *some* other rabbi's did then—although he often criticized how they did it—he **built fences around the commandments**. Why and how did he do this? Learn new and novel insights, that will deepen and enrich your understanding of Jesus' Jewish message.

**March 8<sup>th</sup> 2:00 AM**





## **Membership**

Do you want voting rights and help make decisions for KUUF's future? Or do you want to support and continue KUUF's wonderful services, projects, and ideals? Ask about MEMBERSHIP.

### **MEMBERSHIP CEREMONY – DURING ANNUAL MEETING IN JUNE**

*The congregation commits to supporting you with in the KUUF community and you commit to supporting the KUUF community .*

*(The commitment words are scripted)*

If you are interested in becoming a member  
Please contact Kathy Vashro 735-5642 or 208 440 1855

***Don't let yesterday take up too much of today.***

**Will Rogers**



## **ADULT RELIGIOUS EDUCATION**

**9:30 AM**

**March 1, 15, & 29**

### **THE AMERICAN MIND:**

#### **The Intellectual Geography of America**

A Great Courses Series exploring the history of American ideas—the thinking and institutions that have mattered most to Americans. This series is built around six basic themes in American thinking.

- The fundamental struggles... is it more important to Think or to Act ?
- The persistence of Religious Ideas and Control
- The formation of two souls in our thinking ... Puritanism and Enlightenment
- The struggle between Liberty and Power
- The shift in the Post-Civil War decades toward Pragmatism and Secularism
- Dilemmas posed by becoming a World Power

**MAR 1**

**The Moral Philosophers**

**MAR 15**

**Whigs and Democrats**

**MAR 29**

**American Romanticism**

Please join us on designated Sunday mornings for viewing and discussion. COORDINATORS: Susan Nellen and Marion Allen

**QUESTIONS: 526-6776**

## **KUUF Children's Sunday School**

Sunday School activities will be based on children's skill level and seasonal appropriateness.

I will draw from a diverse array of UU readings, games and art projects, as well as my own 40 years of teaching to make the children's experience at Sunday school worthwhile and fun.

Possible topics:

-Comic characters and pagan Gods and Goddesses

Possible and confirmed Famous UU's

Beatrice Potter - author

Maria Mitchell – astronomer

Louisa May Alcott - author

Helen Keller – author, speaker, motivator

**Contact Susan Nellen 735-4242**



## **FOOD PANTRY**

**When you go to the grocery store, pick up something for the food pantry. There are always food needs in this area.**

### **March's Request - Cereal**

The Kearsarge Lake Sunapee Community Food Pantry will always accept coffee (regular, decaf, & instant), paper towels, toilet paper, peanut butter & jelly, cake and brownie mixes, and monetary donations are welcome.

Monetary donations can be made to: KLS Community Food Pantry, P.O. Box 536, New London, NH 03257

**HOW MUCH WILL YOU BRING  
TO FEED THE HUNGRY????**

**REMEMBER, FOOD IS NEEDED YEAR ROUND**

## Pledge Reminder

We are fast approaching the end of KUUF's 2019-2020 Church Year. **Is your Pledge up to date?** If you are unsure please contact Ken Preston, Treasurer, for any information you may need.

Thank you to all who have completed this commitment, as well as all who generously contribute to open offering on Sundays!

## KREM Collection Ended 2-23-2020

During the month of February KUUF has been collecting contributions from our members and friends, adding our support to KREM (Kearsarge Regional Ecumenical Ministry). KREM is a non-profit association established by churches in the New London area, designed to respond to people in crisis, usually as a result of referrals from local churches, schools, social or private agencies and local or state governments.

**As of February 22<sup>nd</sup>, we have collected \$100.00. Our Treasurer will be sending it to KREM on behalf of KUUF. Thank you.**



## **MARCH BIRTHDAYS AND ANNIVERSARIES**

**March 1**

**Loren Howard**





## **12 Safety Tips for LGBTQ+ Travelers**

1. Consider the destination
  - a. The International Lesbian, Gay, Bisexual, Trans and Intersex Association (ILGA) publishes a report every year detailing [LGBTQ laws in every country](#)
2. Consider the destination's attitude
  - a. The ILGA publishes a [global attitudes survey](#) on countries around the world
3. Check in with the State Department
  - a. Unfortunately, the State Department doesn't have that much information specifically for [LGBTQ travelers](#), but it's a good idea for any traveler to enroll in the [Smart Traveler Enrollment Program](#) (STEP) when traveling abroad.
4. Enroll in TSA Precheck and Global Entry
  - a. Programs such as TSA Precheck and Global Entry save time in line at the airport, but it also cuts down on stress for transgender and nonbinary travelers — especially if your dead name is still listed as your legal name.
5. Travel with a group
  - a. Traveling with a group of friends or a professional tour group is a good idea for visiting countries that aren't as gay-friendly
  - b. Disney's travel company, [Adventures By Disney](#), is a great option for LGBTQ families because — just like Disney theme parks — there is a zero-discrimination policy from tour guides and fellow guests.
6. Book Gay-Friendly Stay
  - a. Sites like Purple Roofs and MisterBnB list LGBTQ-owned or LGBTQ-friendly lodging. If using Airbnb, ask the host if they're LGBTQ-friendly before putting down a deposit.
7. Book Gay-Friendly Tours
  - a. [International LGBTQ+ Travel Association](#) (IGLTA) is a great resource when looking for LGBTQ-friendly tours and tour guides.

8. Consider PDA
  - a. Be mindful of your surroundings and be culturally sensitive – some countries frown on PDA, regardless of orientation.
9. Bring important documents for children
  - a. Microaggressions like splitting up families by Customs agents can happen.
  - b. Make sure to bring birth certificates or adoption papers so there is no question of paternal rights.
10. Consider company culture
  - a. If the company doesn't support LGBTQ employees at a corporate level, they probably don't treat their LGBTQ customers well, either. The HRC or the Human Rights Campaign publishes a [Corporate Equality Index](#), rating companies on their workplaces for LGBTQ employees.
11. Have a restroom plan
  - a. The IGLTA has a great article for [transgender and nonbinary travelers](#), including tips on navigating restrooms while traveling
12. Research beyond party culture
  - a. Look beyond the bar scenes or big Pride parades. Look at the community leaders and business organizations.

### **KUUF Directory Update**

To keep the directory updated, please send the KUUF Administrator your current mailing/physical address, your email address and your phone numbers.

Thank you in advance for your help.

Email: [admin@kuufnh.org](mailto:admin@kuufnh.org)

## Our 3<sup>rd</sup> Passover Celebration

Passover 2020 begins at sundown on Wednesday, April 8, and ends Thursday evening, April 16. We will commemorate the exodus of the Jews from slavery to Egypt on **Friday April 10** and celebrating their freedom, which is a powerful metaphor appreciated not only by Jews, but by people of other faiths as well.

Location: TBA, might be at the Veteran's Memorial Hall in Newbury

You will hear more about this celebration at church and in the April newsletter.

Hope you all will attend and participate in the most celebrated Jewish Holiday of the year on Friday April 10.



# **NATIONAL VIETNAM WAR VETERANS DAY**

## **March 29**

National Vietnam War Veterans Day on March 29 honors the men and women who served and sacrificed during the longest conflict in United States history.

It was on March 29, 1973, when combat and combat support units withdrew from South Vietnam. Generations later, Veterans of this time period are gaining the respect that was not so freely given upon their return. Involving five U.S. presidents, crossing nearly two decades and 500,000 U.S. military personnel, it left an indelible mark on the American psyche.

Returning Veterans did not always receive respectful welcomes upon their arrive on American soil. There were 58,000 killed, never to return. National Vietnam War Veterans Day recognize the military service of these men and women who answered the call to service their country when she needed them. They didn't make the decisions to go to war.

On National Vietnam War Veterans Day, we recognize the service and duty rendered by all servicemen and women of this era.

## **HOW TO OBSERVE**

Around the country, commemorative events, speeches and luncheons are being held inviting Vietnam Veterans as honored guests. Thank a Vietnam Veteran. Buy them a drink or lunch. Send them a shout out using #VietnamWarVeteransDay on social media.

## **HISTORY**

U.S. Sens. Pat Toomey, R-Pa., and Joe Donnelly, D-Ind., introduced legislation in 2017 to honor Vietnam Veterans with a day on the anniversary of the withdrawal of military units from South Vietnam. President Donald Trump signed the Vietnam War Veterans Day Act on March 28, 2017, calling for U.S. flags to be flown on March 29 at half-staff for those who served.

<https://nationaldaycalendar.com/national-vietnam-war-veterans-day-march-29/>



## **PASTORAL CARE TEAM**

**CONTACT US FOR YOURSELF OR SOMEONE YOU  
KNOW WHOM MAY ENJOY A VISIT FROM ONE OF US**

**Thank you to those whom have kept us informed of people's  
life changes, joys and concerns.**

**Please continue informing us, as you are our ears and eyes for  
the congregation.**

**Thank you**

**Rev. Lee Page 603-759-8064 Kathryn Vashro 208 440 1855**

We are now a team of two and need more to be our eyes and ears and hands and feet. Please pass on information to us about those you know who are 'shut ins', in the hospital, sick at home or would enjoy some company. If you can spare time to visit, cook a meal, bake some cookies, drive or write a note, please contact Lee Page or Kathy Vashro.

### **The KUUF Women's Meditation Group**

March 2<sup>nd</sup> – 2:00 to 4.00pm at Fran Preston's

All Women members and friends of KUUF are welcome.

Questions: Call Fran – 526-9623





**Several of the KUUF committees need help.** It was thought that this is a good way to ask for help. Because we are a smaller congregation we have a limited number of people doing several jobs and some of the committees need more members. Here are the some that needs more members.

1. **The Caring Committee** (Parish Care Committee)  
These members are contact points for our congregation members expressing needs. These members work with the Pastoral care team to help keep them informed of the needs of the congregation.
2. **Sunday Services Committee.** These members help plan the services through the year. Because of our "no permanent Minister" status, this role is especially needed
3. **Membership Committee.** Members work to welcome new and interested members to our congregation. They work to help our congregation grow
4. **Photo Committee.** Not a real committee but KUUF has a need for people that can capture those precious moments at services, outings and activities

There are other committees that do great work, these listed above are of particular need.



## KUUF Endowment FUND

**Provides a lasting legacy for Unitarian Universalism  
in our Kearsarge Sunapee region.**

Making a bequest to the KUUF Endowment Fund is a simple way to protect your values and help our congregation remain a voice for liberal faith throughout the Kearsarge Sunapee region.

You can name KUUF as a beneficiary in your will, trust, retirement plan, life insurance policy or financial accounts. Anyone can make a bequest and no amount is too small.



For further information, contact a member of our Finance Committee, currently serving 2019-2020 are Tom Maloof, Sandy Wells, Henry Howell, or Ken Preston.

**Sometimes I wake up and think, “Maybe I won’t have coffee today.”**



**COFFEE TIME HOSTS ARE NEEDED – SIGN UP**

**March 23<sup>rd</sup>**

If you want to be a Coffee Time Host and you don’t have someone to work/play with, Yvonne Howard will find another person to create coffee time with you. Your ‘spread’ can be simple (cheese, crackers, cookies, fruit) or extravagant (shrimp, cake, meatballs etc). Whatever you want, food and coffee are always appreciated!

**It’s good to tell yourself funny jokes in the morning.**