



Kearsarge Unitarian Universalist Fellowship

P.O. Box 1578

New London, NH 03257

(603) 526-8213

www.kuufnh.org

SEPTEMBER 2018

Assisting Ministers: Rev. Dick Dutton & Guests

President: Jim Vashro

Music Director: Martha Woodward

Adult RE Coordinator: Marion Allen and Susan Nellen

Children's RE Coordinator: Susan Nellen

*Unitarian Universalists affirm the worth and dignity of all
human beings and advocate freedom of belief and
an open search for truth.*

*The Kearsarge Unitarian Universalist Fellowship
meets weekly on Sundays at 11:00 a.m.
(September through June)
in the Stone Chapel of Proctor Academy in Andover.*

President's Message

Jim Vashro

Welcome to the start of the 2018-1019 year at KUUF! Our starting service is just around the corner, Sept. 9th. and in addition to a great service, we will have a great way to welcome everyone back with a "Water Ceremony".

As I start my new term as President of the KUUF Board of Directors, here is a bit of info about me. I have a long history of being involved with "social" activities and leadership. I have served on a few "boards" have been a local (Idaho "local") city council member. I am a "Techie" and very interested and involved with "how things work".

My wife, Kathy, introduced me to Unitarian Universalism and I related to, and enjoyed, the open thinking of the church. What attracted me to UU was/is the strong sense of being "welcomed" and "fellowship. I have always felt WELCOME and a part of the community. I find that very attractive and also, a compelling reason to be a member.

Having just attended the wonderful KUUF 2018 "Summer Gathering", I am even more thankful for the thoughtfulness and planning efforts of the "Social" Committee and reminded of all the work that goes on by the other committees. I, as I am sure all of you, look forward to the fruits of the "Sunday Service" committee which has done a tremendous job in keeping our Sunday services compelling and rewarding. This is particularly challenging considering we, KUUF, are without a attending minister. This committee, by the way, is looking for additional members – consider joining... As we move into the new fiscal year, the Advertising and Publicity Committee has more funds and a lot of great ideas to expand our recognition and presence in the greater Sunapee/Kearsarge community.

There is a LOT going on in our KUUF community and I am excited to be a part of making the 2018-2019 year a great one. Welcome back, and if you are new to KUUF, WELCOME!

Jim Vashro (603-938-5476 and email: jimvashro49@gmail.com)

KUUF Calendar

READ BELOW CALENDAR ABOUT EACH SUNDAY'S EVENTS

<p>September 9</p> <p>3 EVENTS TODAY</p>	<p>11:00 a.m.</p> <p>11:00 a.m.</p> <p>NOON</p>	<p style="text-align: center;">ART ROSEN</p> <p style="text-align: center;">“A Time for Renewal and Reconciliation”</p> <p style="text-align: center;">-----</p> <p style="text-align: center;">Water Ceremony–Nancy Stone</p> <p style="text-align: center;">-----</p> <p style="text-align: center;">First Gathering luncheon –YUM!</p>
<p>September 16</p> <p>2 EVENTS TODAY</p>	<p>9:30am</p> <p>11:00 a.m.</p>	<p style="text-align: center;">ADULT RE</p> <p style="text-align: center;">POWER OF MYTH</p> <p style="text-align: center;">Joseph Campbell</p> <p style="text-align: center;">-----</p> <p style="text-align: center;">REV. EMILY BURR</p> <p style="text-align: center;">"Where Do We Find Joy?"</p>
<p>September 23</p> <p>3 EVENTS TODAY</p>	<p>9:30am</p> <p>11:00 a.m.</p>	<p style="text-align: center;">Book Discussion</p> <p style="text-align: center;"><u>Why Are All the Black Kids Sitting Together In the Cafeteria?</u></p> <p style="text-align: center;">-----</p> <p style="text-align: center;">JOHN RABY</p>
<p>September 18</p>	<p>3:30-5:30 p.m.</p>	<p style="text-align: center;">Women's Meditation</p> <p style="text-align: center;">Fran's Preston's home</p> <p style="text-align: center;">603-526-9623</p>
<p>September 30</p> <p>2 EVENTS TODAY</p>	<p>9:30 a.m.</p> <p>11:00 a.m.</p>	<p style="text-align: center;">ADULT RE</p> <p style="text-align: center;">POWER OF MYTH</p> <p style="text-align: center;">Joseph Campbell</p> <p style="text-align: center;">----</p> <p style="text-align: center;">MATT WEINSTEIN</p>
<p>October 5</p>	<p>6:30 p.m.</p>	<p style="text-align: center;">MOVIE NIGHT</p> <p style="text-align: center;">Patch of Blue</p> <p style="text-align: center;">Sidney Poitier, Shelley Winters, Elizabeth Hartman</p>

September 9 – Art Rosen

“A Time for Renewal and Reconciliation.”

It is the first KUUF meeting since the summer hiatus, a new year for KUUF, and coincides with the Jewish New Year. Led the KUUF folks to ask me to speak about the Jewish New Year. The talk is titled “A Time for Renewal and Reconciliation.” It will cover the origins of the Jewish High Holidays, their practices and meaning, and part of their history few people know and is never taught in Sunday School.

Maureen, Art's wife, will join me for the service. Together, we are the founders of the Sunapee-Kearsarge Jewish Community.

Water Ceremony 2018

Sunday, September 9

Our service on Sunday, September 9, 2018 will include a Water Ceremony. This UU tradition began with the UU Congregation in East Lansing, Michigan in 1980. Each member is invited to bring a small sample of water from their summer travels or a place of special significance. Members will share a short sentence about what the water represents to them. The water will then be poured into a common vessel to signify our community coming together again. There will be small cups of water available for people who would like to participate but do not have a water sample from their travels or a favorite place.

September 16 – Rev. Emily Burr

"Where Do We Find Joy?" –

It is hard to find true joy in the past or the future. Joy is a here and now experience. We may have to look for joy to find much of it.

September 23 – John Raby

A weekly columnist in the *Intertown Record*, writer on nuclear disarmament, a Quaker and a 9 time marathon runner. 'Running teaches life lessons' Raby was quoted in a 2016 article about his marathon running. Hope to learn about some of those lessons.

September 30 – Matt Weinstein

The Service Committee liked Matt's sermon last year and has invite him back. Matt is studying at Harvard Divinity School and is a regular guest speaker at the UU Church in Palmer, MA.



Book Discussion
September 23 9:30

WHY ARE ALL THE BLACK KIDS SITTING TOGETHER IN THE CAFETERIA?

Beverly Daniel Tatum, 1997

(Note: This is a second attempt at a discussion on this book)

Walk into any racially mixed high school and you will see Black, White, and Latino

students clustered in their own groups. Is this self-segregation a problem to address or a coping strategy ?

Daniels gives us straight talk about our racial identities if we are to seriously communicate across racial and ethnic divides. The topic of racial identity is one we all must confront and honestly communicate about if we are to bring about change.

An unusually sensitive work about the racial barriers that still divide us in so many areas of life. ---- Jonathan Kozol

Available in hardcover and revised paperback at your Public Library or available on Inter-Library Loan.

OCTOBER 21, 2018 ---- 9:30 AM

THE SOUL OF AMERICA: The Battle For OUR BETTER ANGELS, Jon Meacham, 2018

If you are shaken by the rise of Donald J. Trump and our current divisive and extreme politics, this is a look back at critical times in our history.

While the American story has not always – or even often- been heroic, we have been sustained by the belief of progress even in the gloomiest of times. Abraham Lincoln called this “ the better angels of our nature”.

Good Reads...

Barracoon: The Story of the “ Last Black Cargo”, Zora Neale Hurston, 2018

Questions: Marion Allen 526-6776

ADULT RE

(Every other Sunday)

September 16 and September 30
9:30am

Susan Nellen and Marion Allen

THE POWER OF MYTH

A series of interviews with scholar Joseph Campbell
and journalist Bill Moyers.

September 16 - Episode 1: The Hero's Adventure

(About Campbell, [hero](#) types, hero deeds, [Jesus Christ](#),
the [Buddha](#), [Krishna](#), movie heroes, [Star Wars](#) as a metaphor,
an [Iroquois](#) story: the refusal of suitors, dragons, dreams and [Jungian](#)
[psychology](#), “follow your bliss,” consciousness in plants,
Gaia, [Chartres cathedral](#), spirituality vs. economics, emerging myths,
“Earthrise” as a symbol.

September 30-Episode 2: The Message of the Myth

[Creation myths](#), transcending duality, pairs of opposites, God vs.
Nature, sin, morality, participation in sorrow, the Gospel of Thomas, Old
Time Religion, computers, religion as “software,” the story of [Indra](#):
“What a great boy am I!,” participation in society.

October	14	--	The First Storytellers
	28	--	Sacrifice and Bliss
November	11	--	Love and the Goddess
December	2	--	Masks of Eternity



KUUF Children's Sunday School

Susan Nellen

Sunday School activities will be based on children's skill level and seasonal appropriateness.

I will draw from a diverse array of UU readings, games and art projects, as well as my own 40 years of teaching to make the children's experience at Sunday school worthwhile and fun.

Possible topics:

-Comic characters and pagan Gods and Goddesses

Possible and confirmed Famous UU's

Beatrice Potter - author

Maria Mitchell – astronomer

Louisa May Alcott - author

Helen Keller – author, speaker, motivator

Telephone: Susan Nellen 735-4242

If you are a parent or grandparent wanting your child/grandchild to attend Sunday school, please call Susan, the Saturday prior to the Sunday you will be attending, so she may prepare for your children



FOOD PANTRY

When you go to the grocery store, pick up something for the food pantry. There are always food needs in this area

The Kearsarge Lake Sunapee Community Food Pantry will always accept coffee (regular, decaf, & instant), paper towels, toilet paper, peanut butter & jelly, cake and brownie mixes, and monetary donations are welcome.

Monetary donations can be made to: KLS Community Food Pantry, P.O. Box 536, New London, NH 03257

Every Sunday morning you will find out about the current month's specific food needs.



SEPTEMBER BIRTHDAY'S AND ANNIVERSARY'S

BIRTHDAYS

Henry Howell	3
Fran Preston	13
Lou Botta	7
Helen Kennedy	19

ANNIVERSARIES

Tom & Liz Maloof	30
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The Women's Meditation Group will meet from 3:00 to 5:00 on the first and third Tuesday of each month, at Fran Preston's house. If you have any questions, please contact Fran at (603) 526-9623 or Lizzie Klingler at (603) 526-6871

First Meditation Gathering - September 18

It's time to get together.



CROP HUNGER WALK

Ending Hunger One Step at a Time

KUUF will again be joining local churches to participate in the Church World Service CROP Hunger Walk. This community event will take place on [Sunday, September 30th, at Elkins Beach in Wilmot. Registration begins at 12:30 and the walk begins at 1:00 pm.](#)

The Church World Service is a cooperative ministry of different denominations working together to eradicate hunger and poverty, and promote peace and justice among the world's most vulnerable people. The CROP Hunger Walks help to provide food and water, as well as resources that empower people to meet their own needs. From seeds and tools to wells and water systems, the key is people working together to identify their own development priorities, their strengths and their needs. In addition, 25% of the funds raised will go towards hunger-fighting programs in our own community.

This event offers our KUUF team a unique opportunity to help raise funds to end hunger right here in our own community and around the world. To make this happen, we need walkers & donations. The CROP Walk committee is also asking for volunteers for the following roles during the walk:

- Volunteer at the registration table

- Volunteer to drive around the lake and pick up walkers that may need to end the walk early (**Bob Berquist used to do this for us**)

- Volunteer for the food & water table

- Volunteer to unlock/lock bathrooms

- Volunteer to help post road signs

- Volunteer to do the publicity

- Volunteer to be a safety guard at the road intersections

Please let me know if you have any interest in volunteering for any of these jobs.

Information regarding the CROP Hunger Walk will be available at church

throughout the month of September. You may also contact Donna Peirce at (603)763-2516 or donnapeirce@gmail.com with any questions.

Thank You! Warm Regards, Donna Pierce



Social Committee

First Sunday Gathering Luncheon Sunday, September 9

By the time September 9th arrives, it will be more than two months since we were last together. To celebrate the renewing of our fellowships and friendships, the Social Committee would like to have a gathering luncheon after the end of the service on that Sunday.

We are hoping you will come to worship, plan to stay for lunch and bring your favorite 'finger food' to share with the group. Some suggestion for 'finger food' maybe: cut –up vegetables and dip or mini sandwiches, or salsa and chips or guacamole and chips or brownies or zucchini cake, or cut- up fruit to share summer adventures and renew our bonds.

The social committee will supply ice tea, water, plates, cups, napkins, and forks (just incase)

MOVIE NIGHT

October 5 –

6:30 pm food and chat

7 pm movie

Bettie Howard's home

Bring an appetizer or dessert

PATCH OF BLUE

A blind, uneducated white girl is befriended by a black man, who becomes determined to help her escape her impoverished and abusive home life by introducing her to the outside world.

In 1965, A kissing scene was removed from the film when it was shown in the South.

STARS: Sidney Poitier, Shelley Winters, Elizabeth Hartman



Welcoming Church

*Pronouns allow us to specify how we want to be referred to. That might not resonate with you, but for some people, their pronouns are gender inclusive. If you can't ask someone their pronouns, try these tips from GLAAD(Gay +Lesbian Alliance Against Defamation):

How about using *folks* instead of *guys*? Or try using *everyone* instead of *men* or *women*. Addressing a more formal crowd? Try *distinguished guests* in place of *ladies and gentlemen*! It's that easy.

The UUA Bylaws, change he/she, his/her to **they/their** (gender neutral pronouns for more inclusivity)

[Amended Membership Statement \(2016\)](#)

Membership in the Fellowship is open to all people in sympathy with its purpose and program, regardless of race, color, sex and affectional or sexual orientation.

CONNECTIONS

Do you have services or items you want 'advertised' in this section.

Contact Kathy Vashro 208 440 1855 for questions

DRIVERS NEEDED

There are members and friends of KUUF that are searching for rides to social events and appointments. Drivers are needed during the day, night, weekdays and weekends. COA is available during weekdays.

MOVING AND CLEARING OUT

Items(plants and paintings) for sale and free

MOVERS AND TRUCKS NEEDED to help those that are moving.

HOLIDAY BAKERS – have you had too many years of baking, allow one of your church friends to create your holiday dessert

Also available to you from our congregation is a baker, a chef, artists, a handyman, caregiver, organizer, reader, house cleaner, computer repair and computer tutor.

[KUUF's Andover School Supply Donations](#)

The education of all children was important to Don Gould. Before he passed away several years ago Don acted as our liaison with the Andover Middle School, guiding us through the process of supplying children in need with the tools to access their education.

Each year in the months of May/June, the Social Concerns Committee has collected donations to provide backpacks loaded with essential school supplies to Andover children in need. However, last summer the Parents Organization at Andover Middle School also supplied backpacks, leaving more than enough unused for the this coming 2018-19 school year.

Rather than backpacks the school requested travel size hygiene items and cash for Healthy Snacks as some children come to school and have emergency needs. The needed items that were requested and donated by our congregation were brought to the Andover School this past summer:

Combs	Travel size Bars of Soap
Tooth Brushes	Travel size Boxes of Tooth Paste
Travel size	Shampoo
Pocket size Tissues	Small bags or pouches (i.e. makeup bags)
Girls and Boys Underwear	Sanitary napkins

We also donated \$135 in cash. This amount was given to Andover School for the healthy snacks and will be distributed to children in need by the school nurse.

Once again KUUF members and friends were extremely generous with our donations and commitment to the Andover Middle School. Thank you so much for your support.

Liz Maloof



Thank You!

**WHAT DOES IT MEAN TO YOU TO BE UU?
WHAT IS YOUR PASSION?**

Sustainable Education

UU value??? Is it yours??

(2 or 3 part article)

WHAT IS THE MOST SUSTAINABLE FABRIC?

WE WANT SUSTAINABILITY!

But why is it that sustainable so often means ultra *hippy* looking, bland or way beyond affordable?

We want lively! We need long-lasting! Surely that can also mean sustainable? Let's get this hunt for the most sustainable fabric on the road!

COTTON IS ROTTEN, POLYESTER IS *BESTER*... OR IS IT? More than a decade ago I made my way to a Kayaking mecca - the Futalefu river in Chile's Patagonia region - which also happens to be the namesake of one of my most beloved brands - Patagonia. Patagonia is a pioneer in

both the gear it makes and it's commitment to sustainability - they were the first brand to make their fleece tops out of recycled pop bottles. And so Patagonia's gear was the foundation of my outdoor adventures in Chile because it subscribed to the general rule that "*cotton is rotten and polyester (fleece) is bester*" by keeping you warmer and drier when riding in the belly of beast.
Great right?

Fast forward to 2017 and the birth of Etee, where my education in eco-friendly materials went full tilt, and soon discovered the fleece that kept me warm on the river contributed to the same problem that I'm fighting against at this very moment - adding microscopic plastic particles to the same rivers, lakes and Oceans I love:

That fleece you're wearing is starting to pill — and may be polluting Lake Winnipeg... New research suggests the world's 11th largest freshwater basin is taking in a surprising amount of microplastic — on par with the Great Lakes — and it could be coming off the backs of nature-lovers. (*CBC News*)

Ignorance certainly was bliss, but I was done with sticking my head in a hole - I was ready to learn about what my options were, and make better choices.

OKAY, SO MAYBE COTTON ISN'T SO BAD AFTER ALL BECAUSE IT COMES FROM A PLANT RIGHT? NOT SO FAST...

"Cotton production still uses just over 2 percent of the world's arable land and accounts for about 3 percent of global water use, *according to the United Nations*.

Cotton also requires pesticides. According to the *Department of Agriculture*, 7 percent of all pesticides in the United States are used on cotton. Many of those chemicals seep into the ground or run off into surface water.

Consumers can choose organic cotton grown without pesticides, but it uses more water and requires more land than conventional crops. Organic cotton can also be much more expensive and difficult to find." (*New York Times*)

HMMM, OKAY, WHAT ABOUT ANIMAL HIDES AND LEATHER - THAT'S NATURAL, RIGHT?

Find out next month about the fabric you are using

Article by ETEE TEAM

www.ete.com

Do you want to explain what being UU means to you through your passion? Please send articles or comments to Kathy Vashro 9385476 or jvashro@gmail.com

Study as if you were going to live forever; live as if you were going to die tomorrow.

Maria Mitchell [pronounced "mə-RYE-ə"] – *UU and astronomer* Maria Mitchell was an American astronomer, who in 1847 by using a telescope, discovered a comet, which as a result became known as "Miss Mitchell's Comet."

Children's RE might learn about Maria Mitchell

COFFEE TIME HOSTS ARE NEEDED FOR SEPTEMBER AND OCTOBER – SIGN UP