



## **Kearsarge Unitarian Universalist Fellowship**

P.O. Box 1578

New London, NH 03257

(603) 526-8213

[www.kuufnh.org](http://www.kuufnh.org)

### **March 2018**

Assisting Ministers: Rev. Dick Dutton & Guests

President: Kathryn Vashro

Music Director: Martha Woodward

Adult RE coordinator: Tom Maloof

Children's RE coordinator: Susan Nellen

*Unitarian Universalists affirm the worth and dignity of all human beings and advocate freedom of belief and an open search for truth.*

*The Kearsarge Unitarian Universalist Fellowship*

*meets weekly on Sundays at 11:00 a.m.*

*in the Stone Chapel of Proctor Academy in Andover.*

## KUUF Calendar

March 4	9:45 a.m. 11:00 a.m.	<b>Adult RE series</b> <b>Rev. Diane Root</b> <i>"The Shaping of Stories"</i>
March 6	3:30-5:30pm	<b>Women's Meditaion</b> Fran Preston's home
March 11	9:45 am  11 am	<b>Adult RE series</b> <b>REV. EMILY BURR</b> <i>"What Does It Mean To Be a UU Today?"</i>
March 18	9:30 am 11:00 am	<b>Adult RE series</b> <b>REV. DAVID ROBINS</b> <i>"Questions: Plowing Furrows Into The Mystery"</i>
March 20	3:30- :30pm	<b>Women's Meditaion</b> Fran Preston's home
March 25	9:30 am 11:00 am	<b>Book discussion</b> <b>REV. DICK DUTTON</b> <i>"The Resurrection Conspiracy"</i>

### **Rev. David Robbins** **March 18, 2018**

"Questions: Plowing Furrows Into the Mystery",  
Rev. David Robins

Unitarians and Universalists have plowed the furrows of some interesting, spiritual and religious questions over the centuries, often providing fertile ground for seeds of love and justice to grow.

"The possession of knowledge does not kill the sense of wonder and mystery. There is always more mystery."

Anais Nin

**Adult RE**  
**9:45a**  
**March 4, 11, 25 (18th is book discussion)**

Tom Maloof organizes the Adult RE discussion downstairs in the Stone Chapel. The back door is open or the elevator at the front of the Chapel is available as an alternative to using the stairs.



## **KUUF Children's Sunday School**

**Susan Nellen** has set up meaningful children's curriculum using UUA resources. If you are interested in being part of this program supporting Susan and/or taking charge of a Sunday, please seek her out for a conversation on any Sunday or give her a call **Telephone: 735-4242**

If you are a parent or grandparent wanting your child/grandchild to attend Sunday School, please call Susan, the Saturday before the Sunday you will be attending so she may prepare for your children.



## Book Discussion

March 25, 2018

9:30 am

Questions: Marion Allen 526-6776

### **The Warmth of Other Suns: The Epic Story of America's Great Migration** by Isobel Wilkerson, 2011

The decades long migration of blacks who fled the South for Northern and Western cities in search of a better life.

Pulitzer Prize-winning author, Isobel Wilkerson, chronicles one of the great untold stories of American history.

From 1915 to 1970, the exodus of almost six million people changed the face of America.

Wilkerson tells the story through the lives of three unique individuals...

Ida Mae Gladney left sharecropping and prejudice in Mississippi to achieve quiet blue-collar success and in old age voted for Barack Obama in a race for an Illinois Senate seat...

Quick-tempered George Starling left Florida for Harlem...

Robert Foster left Louisiana for a medical career.

These are their stories.

"Destined to become a classic".

Available in hardcover and paperback on Interlibrary loan from your library.

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### **Other Good Reads ...**

**Thank You for Being Late: An Optimist's Guide to Thriving in the Age of Acceleration**

(Version 2.0) by Thomas Friedman, Oct 2017

**Origin** by Dan Brown, 2017

**Between the World and Me** by Ta-Nehisi Coates, 2016

# President's Message

Kathryn Mordecai Vashro



Save  
the Date



**NNED Spring Assembly & Annual Meeting**

**April 13-14, 2018**

**Learning Our Power, Learning Our Stories:  
*Dismantling White Supremacy and Building  
Liberation as Unitarian Universalists***

Keynote Speakers and Presenters  
Lena K. Gardner and Liz Loeb

Registration opens on January 20, 2018

Location: [UU Church of Nashua](#)

[Radisson Hotel](#) registration opens on January 20, 2018

**Save the Date**

Northern New England District – UUA  
PO Box 333  
New Ipswich NH 03071-0333

Telephone: 603-732-7795  
Fax: 603-878-1869  
Email: [NNEDAdmin@comcast.net](mailto:NNEDAdmin@comcast.net)

**Jim and Kathryn Vashro will be attending the Spring Assembly  
and Annual meeting for NNED - Northern New England  
District UUA**

**IF YOU ARE INTERESTED IN ATTENDING April 13 and  
14, 2018 , CONTACT**

## KATHRYN VASHRO 603 938-5476

Mental Health is a political, social, economic, family and individual topic in our society and world. Below is an opportunity for you to learn about Mental Illness and be sensitive to its complications.



### *We Can Help!*

**Family-to-Family is an educational program that is *FREE* for family members, partners and friends** of individuals over the age of 17, who have a mental illness such as: Anxiety, Schizophrenia, Bipolar Disorder, Depression, Borderline Personality Disorder, Panic Disorder and Obsessive Compulsive Disorder (OCD), or Post-Traumatic Stress Disorder (PTSD).

- *Is there someone in your life that has one of these illnesses?*
- *Have you been struggling to understand their illness and how to help them and your family to cope?*

The Family-to-Family course is taught by local, trained volunteers who have family members with a mental illness. In this course you will learn about these illnesses and their treatments, how to improve communication with your loved one, solve problems, find the help you need, and take care of yourself.

**Family-to-Family is a *FREE*, 12-session educational program.**

**Classes will start** on Wednesday, March 21<sup>st</sup> at 6:00 p.m. (to 8:30 p.m.) in Newport

#### **Registration is Required!**

**Contact the Teacher:** Donna Stamper (603) 863-2621 or [dstamp4@comcast.net](mailto:dstamp4@comcast.net)

Kelly Burch (978) 701-2436 or [burchcreative@gmail.com](mailto:burchcreative@gmail.com)

Pat Whitney (603) 763-5054 or [patwhitney00@gmail.com](mailto:patwhitney00@gmail.com)

or

register online at <http://bit.ly/2BEG5h3>

If you have any questions, please contact Liz  
at [lhodskins@naminh.org](mailto:lhodskins@naminh.org) or (603) 225-5359, x322



National Alliance on Mental Illness

85 NORTH STATE STREET • CONCORD NH 03301 • TEL. (603) 225-5359 • WEBSITE: [www.NAMINH.org](http://www.NAMINH.org)



## Social Committee

### **Celebrating Passover March 30 Bettie Howard's home At Sundown - 7:12pm**

Passover or Pesach ([/ˈpɛsɑːx, ˈpeɪsɑːx/](#)<sup>[4]</sup> from Hebrew פֶּסַח *Pesah, Pesakh*), is an important, biblically derived Jewish holiday. Jews celebrate Passover as a commemoration of their liberation by God from slavery in ancient Egypt and their freedom as a nation under the leadership of Moses. It commemorates the story of the Exodus as described in the Hebrew Bible, especially in the Book of Exodus, in which the Israelites were freed from slavery in Egypt. According to standard biblical chronology, this event would have taken place at about 1300 BCE (AM 2450). (Wikipedia)

Being raised Unitarian Universalist started for me because my mother came from a Baptist Minister's home and my father came from a Jewish home. We celebrated both Jewish and Christian holidays.

Though we weren't Jewish enough to skip school for the Jewish holidays, we did celebrate my most favorite holiday, Passover. My family would gather in the Spring at my grandparent's home with paternal cousins, aunts, uncles, parents, grandparents. We all had a part in the celebration meal. This year I want to share the story of the 'miracle' of the freeing of the Jews from slavery in Egypt by Moses and God with you all.

The celebration is commemorated with unleavened bread(matzo), 4 cups of wine, bitter herbs, Elijah (you'll find out who he is) readings, songs and poems from the Haggadah. On March 30, we will be using parts of the

Passover Book that was put together by my uncle many yrs ago from my grandparent's 1942 Haggadah.

It is a fun and relaxing celebration. You will be notified of what to bring. If you celebrated this holiday in your past and would like to contribute your stories, please contact Kathryn Vashro 938-5476

Announcements will be made and a sign up sheet available for you to participate in this piece of Jewish history.  
Yvonne 927-4735 Lois 735-5737 Kathy 938 5476



## Sunday Coffee Time

We're happy to report that several people have stepped up to the Host and Hostess Plate for March, ensuring happy bellies for half of the month. Would **you** like to contribute to the perpetuation of the KUUF HBS (Happy Belly Syndrome)? Don't worry about finding a partner; you will be paired with another, if you sign up as a single Host or Hostess. And if you've never done it before, just say so – and the keeper of the list will clue you in to all the (very few) secrets and tricks of KUUF Coffee Time. Thank you!

March 4 Marion Allen (need second person)  
March 11 Cathy Todd (need second person)  
March 18  
March 25





## Welcoming Church



### Amended Membership Statement (2016)

**Membership in the Fellowship is open to all people in sympathy with its purpose and program, regardless of race, color, sex and affectional or sexual orientation.**

#### **Women in History and their rights in the human race**

February 20, 1805

Angelina Grimke was born in Charleston, SC, where her father was a prominent judge and slave owner. Grimke was horrified by the mistreatment of slaves that she witnessed, and in her teens, she publicly renounced materialism and devoted herself to the life of austerity and the causes of racial and gender equality. In 1829, Grimke left the South to join her older sister in Philadelphia, where the two connected with a small circle of radical abolitionists. The sisters became popular speakers and writers about slavery and women's rights. In her 1836 Appeal to the Christian Women of the Southern States, Grimke said 'I know you do not make the laws, but I also know that you are the wives and mothers, the sisters and daughters of those who do'. After its publication, police warned Mary Grimke that her daughter would be imprisoned if she ever set foot in Charleston again. (History-Women's History)

## **PLEDGE DRIVE BEGINS SOON!**

KUUF's present church year, ending June 30, has been filled with wonderful speakers, music, events, and as much hope and joy as we could ever expect in this difficult political environment. We can all rejoice that we are moving forward, together!

Perhaps ironically, it has also been a great year for thoughtfully looking at ourselves, the KUUF congregation, as we move on without a settled minister. Our sermons have been fresh, different, often wonderful and inspiring. But last summer's congregational survey showed that many of us miss having a settled minister, one we can call our own. As a result of that survey a Transition Committee was formed to study and report on how KUUF might move from where we are, to where we want to be.

The recommendations of that Committee have been approved by the Board. They are based on the premise that growth in the size of our congregation is the only path that will lead us to the ministry many of us would like to see at KUUF. The Report has now been distributed to most of us, and you are urged to read it. Most importantly, it calls for as many excellent guest ministers as we can attract; advertise our Sunday services more broadly, to attract more visitors; and seek to hire skilled part-time administrative support for such tasks as help with advertising, monthly Newsletter and periodic special advertising, etc. In short, KUUF now has an ACTION PLAN for meeting the future! To make it work, however, we need to invest in it.

More excellent ministers and speakers will probably cost more money. Advertising, getting the word out to the broader Kearsarge community, will cost more money. Part-time administrative support to help us meet the time and skill demands our action plan will require will cost money.

Now, perhaps more than ever before, KUUF need for each of us to pledge our support as we boldly set our course into less familiar, and more expensive, waters.

Your PLEDGE PACKET will go out in about four weeks. Think excited, about the things that are in the works. And think big. Your pledge contributions will be the magic that makes it all possible!

## **Social Concerns**

Please send your thoughts and sympathies to Bill Hickey for the loss of his father on February 8, Karlton James Hickey Jr, 97.

### DRIVERS WANTED

There are members and friends at KUUF that want rides to social and medical appointments. Many rides are needed at night and weekends. If you are available and want to be part of a driver's pool, please sign up with your name, number and availability on the list at the entrance table. Riders will call you when needed

Questions: Contact Kathryn Vashro 938 5476



## **March**

### **Anniversary**

Mark and Donna Pierce 22

### **Birthday**

Loren Howard 1



## **Meditation**

The Women's Meditation Group will meet on the first and third Tuesday of each month, from 3:00 to 5:00 at Fran Preston's house. If you have any questions, please contact Fran at (603) 526-9623 or Lizzie Klingler at (603) 526-6871.



## MEMBERSHIP

### June 17 Membership Ceremony

If you are newly attending or have attended KUUF for many years you will be happy to know there will be announcements made for those that are interested in learning more about Unitarian Universalism, Proctor Stone Chapel, and the history of UU's in Andover. If you are interested in presenting information or obtaining information, contact Kathy or Henry at church or call – (603) 938-5476 (Kathy) or (603) 938-5706 (Henry). Information will be given at the front of the church during coffee time. So, grab some food and a drink and meet Kathy and Henry up front. See you there.



## **Transition Committee**

~ [Transition Committee Report Available](#) ~

The Transition Committee Report, which is based on the Congregational Survey KUUFers completed last fall, provides a wealth of information about the Survey results and a blueprint for moving forward. It's essential reading!

Transition Committee Reports have been available on the Welcome Table for the past month. If you have not picked one up you are encouraged to do so. If you need one mailed to you please contact Liz Maloof at Tele # [603-526-9889](tel:603-526-9889) or Email: [lizzijo48@gmail.com](mailto:lizzijo48@gmail.com).

Just let her know and Liz will be glad to mail one to you.

**Thank you** to all that brought this information together.



## 2018 Food Pantry and single mom with 3 children support needed

*The KUUF Board decided at the February Board meeting to support individual families or people in need as well as the food bank. Please inform Kathy Vashro of people or families you know that could use support.*

*Our speaker, last week, Robert Johnson commented on our support of a mother with 3 kids. It gives this family, mother and kids a better chance to move forward in this world at a smoother pace.*

**THANK YOU FOR ALL YOUR SUPPORT ON BEHALF OF THE FAMILY**

If you'd like to continue contributing to the **support of a single mother with 3 children, please contact Kathryn Vashro on Sundays or by phone - 603 938 5476.** You may write checks to KUUF with a note in the memo 'family' to make sure it goes through KUUF and will get to the single mother. Currently, auto fuel is needed and fuel gift cards will be purchased with money that is donated.

**This family's biggest need is a rental or lease to own in the Kearsarge School District.** After the family is settled in a home they may need household items and furniture.

The Kearsarge Lake Sunapee Community Food Pantry has requested **CEREAL** for the month of March. Coffee (regular, decaf, & instant), paper towels, toilet paper, peanut butter & jelly, cake and brownie mixes, and monetary donations are always welcome.

Monetary donations can be made to: KLS Community Food Pantry, P.O. Box 536, New London, NH 03257.

HAVE A LUCKY MARCH



DON'T MISS THE BOAT AND GET ALL WET!

GET ON BOARD

Next KUUF Newsletter Deadline

## Missing the boat



The submission deadline for the April KUUF newsletter will be **Friday, March 23, 2018**. Please email your news, views, and photos to Kathryn Vashro ([jvashro@gmail.com](mailto:jvashro@gmail.com)). For ease of compiling, please type any written submissions into the body of the email or send as a Word document, rather than a PDF. Thank you!